



**Suicide
Bereavement
Services**



Programme

Welcome to the July - September 2024 programme

Below you will find news from our service along with a list of our planned groups, events and workshops running through July to September.

To book your place, or for further information, please email your Practitioner or contact the service directly:

sbs@leedsmind.org.uk

0113 305 5800 (Leeds Mind reception)

Places are limited. If you book onto a group, please let us know in advance (minimum of 24 hrs prior) if you need to cancel your place. We hold a waiting list for people who would like to attend and your timely cancellation may mean someone else requiring support is able to attend.

Please note, sessions can only run if there are 3 or more people signed up for that session. Any sessions with 2 or less will be cancelled.



News

We are expanding!

We have been given funding to expand the service. We now have an additional 3 practitioners and another senior practitioner.

Our team now comprises of:

- 2x Bradford and Craven practitioners
- 2x Calderdale practitioners
- 2x Leeds practitioners
- 1x Kirklees practitioner
- 1x Wakefield practitioner
- 1x Kirklees family practitioner
- 2x Senior practitioners
- 1x Service Lead
- 1x Administrator



Zoom Peer Support Groups

Date	Time	Group
Mon 1/07/24	6pm - 7.30pm	Zoom Monthly Support Group
Mon 5/08/24	6pm - 7.30pm	Zoom Monthly Support Group
Mon 2/09/24	6pm - 7.30pm	Zoom Monthly Support Group



Face to Face (F2F) Peer Support Groups - Leeds

Date	Time	Group
Tues 2/07/24	5pm - 6:30pm	F2F Monthly Support Group
Tues 6/08/24	5pm - 6:30pm	F2F Monthly Support Group
Tues 3/09/24	5pm - 6:30pm	F2F Monthly Support Group



Full Calendar

Date	Time	Group
Mon 1/07/24	6pm - 7.30pm	Zoom Monthly Support Group
Tues 2/07/24	5pm - 6:30pm	F2F Monthly Support Group
Mon 5/08/24	6pm - 7.30pm	Zoom Monthly Support Group
Tues 6/08/24	5pm - 6:30pm	F2F Monthly Support Group
Mon 2/09/24	6pm - 7.30pm	Zoom Monthly Support Group
Tues 3/09/24	5pm - 6.30pm	F2F Monthly Support Group



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Leeds Mind Impact Group

Are you interested in joining the Leeds Mind Impact Group?

It is a group of people who work together to:

- Improve the experiences of people who access Leeds Mind support
- Improve access for those who might struggle to get support
- Promote the perspectives of people with lived experience to support meaningful change in our organisation

This is an excellent opportunity for anyone who is passionate about improving the SBS, who wants to express their own personal view, or who is interested in improving key skills.

It's all part of our strategy to deliver life-changing support and to work together to be a more inclusive organisation. That's why it's important that we listen to the perspectives of people who receive our support or would like to access it. Working together in the Impact Group, we also demonstrate our commitment to empowering people and improving our services – some of our key values.

If you have any questions or suggestions, please contact impact@leedsmind.org.uk