



**Suicide  
Bereavement  
Services**



# Programme

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## Welcome to the April - June 2025 programme

Below you will find news from our service along with a list of our planned groups, events and workshops running April - June.

To book your place, or for further information, please email your Practitioner or contact the service directly:

**[sbs@leedsmind.org.uk](mailto:sbs@leedsmind.org.uk)**

**0113 305 5800 (Leeds Mind reception)**

**Places are limited.** If you book onto a group, please let us know in advance (minimum of 24 hrs prior) if you need to cancel your place. We hold a waiting list for people who would like to attend and your timely cancellation may mean someone else requiring support is able to attend. Unfortunately if you are not on our register there is the possibility you may be turned away due to room capacity.

Please note, sessions can only run if there are 3 or more people signed up for that session. Any sessions with 2 or less will be cancelled.



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## Ways to get involved

### Suicide Bereavement Services steering group

We have a steering group that meets 6 weekly online. The aim of the steering group is to ensure the Suicide Bereavement Service is shaped and informed by lived experiences as we continue to develop as a service. To join please email [SBS@leedsmind.org.uk](mailto:SBS@leedsmind.org.uk) or call 0113 3055800 (Leeds Mind reception).

### Leeds Mind Impact Group

Leeds Mind aims to deliver high-quality and inclusive support by understanding the needs of our communities. The Impact Group gives you the opportunity to influence Leeds Mind's work, to make sure we are offering the services you want and need and working in a way that works for you. The group meet once every 6 weeks. For more information contact [impact@leedsmind.org.uk](mailto:impact@leedsmind.org.uk) or call 0113 305 5800 (Leeds Mind reception).

### Volunteering opportunities at the Suicide Bereavement Services (or across Leeds Mind)

All volunteering opportunities are advertised on the Leeds Mind website here [Volunteering - Leeds Mind](#)



## What's new

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### Zoom Parent Loss Peer Support Group

Monday 7th of April

This is a support group for anyone who has lost a parent/step-parent/carer/guardian/parent figure.

### Zoom - Workshop - Inquests

Monday 2nd of June

This is an online workshop where we cover the topic of inquests, giving some practical information on what to expect and how we can look after ourselves during the inquest process.



## Zoom support group schedule

| Date        | Time         | Group                          |
|-------------|--------------|--------------------------------|
| Mon 7/4/25  | 6pm - 7.30pm | Parent Loss Peer Support Group |
| Mon 12/5/25 | 6pm - 7.30pm | General Peer Support Group     |
| Mon 2/6/25  | 6pm - 7.30pm | Workshop - Inquests            |



## Face to face (F2F) support groups schedule

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| Date        | Time         | Group                     |
|-------------|--------------|---------------------------|
| Tues 8/4/25 | 5pm - 6:30pm | F2F Monthly Support Group |
| Tues 6/5/25 | 5pm - 6:30pm | F2F Monthly Support Group |
| Tues 3/6/25 | 5pm - 6:30pm | F2F Monthly Support Group |



## Full calendar

| Date        | Time         | Group                      |
|-------------|--------------|----------------------------|
| Mon 7/4/25  | 6pm - 7.30pm | Zoom - Parent Loss Support |
| Tues 8/4/25 | 5pm - 6:30pm | F2F Monthly Support Group  |
| Tues 6/5/25 | 5pm - 6.30pm | F2F Monthly Support Group  |
| Mon 12/5/25 | 6pm - 7.30pm | Zoom Monthly Support Group |
| Mon 2/6/25  | 6pm - 7:30pm | Zoom workshop - Inquests   |
| Tues 3/6/25 | 5pm - 6.30pm | F2F Monthly Support Group  |